#### **Steamer 2 Steamer**

#### Succeeding during the quarantine

River Bend Families,

I wanted to create a mini-series of interviews with fellow Steamers that will help and encourage us as we navigate our quarantine. Please enjoy the interviews with administrators, teachers, students, parents and community members.

Open the link for each interview by clicking on the blue link next to each person's name.

### Week 4 opening comments Darryl Hogue:

Brief introduction into week four. <u>https://www.youtube.com/watch?v=AtyAWyMRx1Q</u>

Mental Health support link:

http://www.ilschoolsafety.org/images/SchoolSafetyDocs/DHS\_DMH\_Letterhead\_COVID\_19\_IEMA\_Reso urce.pdf

Kathleen Schipper RBMS Principal: <u>https://www.youtube.com/watch?v=hyVTAqZb-\_0</u>

Mrs. Schipper shares how important perspective is as she takes on the quarantine.

### Mike Ankrom FHS Teacher: https://www.youtube.com/watch?v=ntj\_0UwTZtY

Mr. Ankrom provides insight about the lessons we have learned moving beyond the quarantine.

# FES teacher Aimee Martin: <u>https://www.youtube.com/watch?v=49DnqTrGc1w</u>

Mrs. Martin shares what she has learned as a mom and teacher.

### Sadie, Sarah and Sydney Norman FHS Seniors: <u>https://www.youtube.com/watch?v=q2EOGw7sOV0</u>

The Norman Triplets share how they have adjusted to ending the school year at home.

# Tim Morris MS teacher: <u>https://www.youtube.com/watch?v=Mt1I4jX16po</u>

Mr. Morris provides input about reaching out to others during the quarantine as a way to keep in touch.